## NATURAL HEALTH

## GET SLIM for SUMMER!

Shape up fast and get body beautiful with our holistic slimming hacks



Want to know the secret of those lithe-limbed French women? They all swear by LPG endermologie (endermologie.com), a non-invasive slimming treatment that uses a handheld device to mechanically (and painlessly) pummel and knead your body into submission. A course of treatments will break down stubborn fat deposits and leave you with noticeably firmer thighs.





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